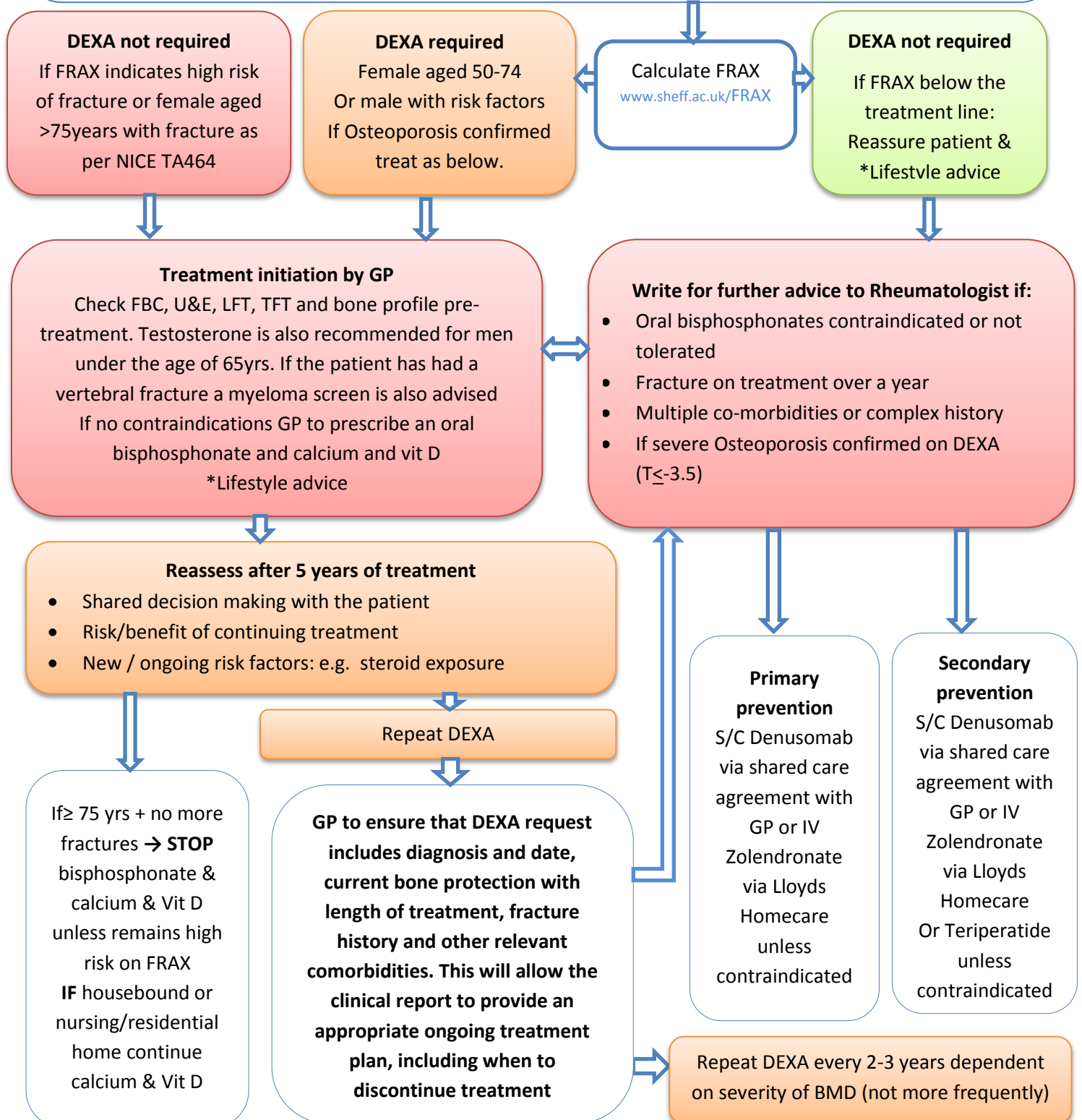


Osteoporosis Shared Care Pathway**Risk factors**

Age; female gender; early menopause/amenorrhoea; family history; low BMI <19; excess alcohol intake; smoking.
Co-morbidities: e.g. diabetes, inflammatory arthritis, male hypogonadism, malnutrition, chronic liver disease, untreated hyperthyroidism, dementia, osteomalacia, coeliac/ bowel disease, ileostomy. Medication inhibiting bone formation: steroid exposure, anticonvulsants, antidepressants, HIV treatments, aromatase inhibitors.

And/or low trauma fracture**On-going support for self-care**

*National Osteoporosis Society

*Lifestyle advice

*Falls team referral if required